



Finchingfield and Cornish Hall End Parish Council

COVID-19

Community Response Plan

STAY AT HOME 

PROTECT THE NHS



save lives

**Finchingfield CV-19
Volunteer**

COVID-19
COMMUNITY
VOLUNTEERING



VOLUNTEER

Finchingfield CV-19



**ESSEX
CORONAVIRUS
ACTION**



**TO VERIFY THE IDENTITY OF THE HOLDER OF THIS ID
CARD PLEASE CALL THE ESSEX WELFARE SERVICE ON
0300 303 9988**

**LINES ARE OPEN MON-FRI 8AM - 7PM
SAT-SUN 10AM - 2PM**

VOLUNTEER NO. 10035

How the Covid- 19 Volunteer scheme works

- Finchingfield and Cornish Hall have a group of existing volunteers. There are currently 20+
- This has been set up as a 'hot buddy' system
- Each volunteer 'buddies up' with 1-4 people
- The people self-isolating will know who will be delivering to them
- Communication is via a closed Whatsapp group
- There is a Facebook page. 'Finchingfield Covid-19 Volunteers. This is where general information is circulated and stored.
- There is a separate group responsible for dispensing repeat prescriptions from Freshwell Surgery.

What the Group does

- Working with The Happy Kitchen Food Company the volunteers are able to supply freshly cooked meals twice a week to those self isolating
- Those self isolating can order these twice a week.
- At the same time those self isolating can place shopping orders
- Repeat Prescription can be placed as well

What the Volunteers provide



Think of others, consider your actions & be kind

People in every community will face the challenges of Covid-19 in some way – from needing basic provisions to help while they are unwell.



Connect and reach out to your neighbours

As self-isolation increases, we need to find new ways to stay connected and check in on one another for our physical and mental wellbeing. Share phone numbers and stay in touch.



Make the most of local online groups

Keep up to date, share information and be a positive part of your local community conversations.



Support vulnerable or isolated people

Different groups in our communities are at increased risk and social isolation and loneliness are key concerns for all ages. There are things you can do like volunteering for local support services or donating to food banks to help.



Share accurate information and advice

Support anyone who may be anxious about Covid-19. Sign post them to the correct advice from Public Health England and encourage people to follow the correct hygiene practices.

What the volunteers have

- Volunteers safety is paramount and they were all contacted and it was explained to them in detail the risks of doing this.
- They are supplied with gloves, facemasks and hand sanitizing gel.
- They adhere to social distancing. There is no physical contact and no exchange of money.
- The most important thing is for all volunteers to stay safe and look after themselves their families

Important info about the group and what it does

- All meals are supplied at cost
- Every household in the Parish was given the menu



The **Happy** Kitchen
Food Company

New Menu!

We are pleased to announce our new menu,
which will be ready for the Thursday 30th April Delivery.

Savoury - £2 per serving

Spaghetti Bolognese Bake
~~~~~  
Chicken Pastry Pie  
~~~~~  
Vegetable Curry & Pitta Bread
~~~~~  
Sausage Casserole  
~~~~~  
Vegetable Lasagne
~~~~~  
Lasagne

**Sweet - £1.50 per serving**

Fruit Crumble  
~~~~~  
Syrup Sponge
~~~~~  
Jam Sponge

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The Happy Kitchen Food Company, Tinkers Cuss, Sampford Road, Cornish Hall End, Essex CM7 4HP  
[libby@thehappykitchenfoodcompany.co.uk](mailto:libby@thehappykitchenfoodcompany.co.uk) \* 01799 586330 \* 07872 964919

# Contact details

- Repeat Prescriptions



## Repeat Prescriptions from Freshwells



**Order your prescription normally**



**Ring Ally - 07920 793663**



**A volunteer will deliver it to you**



# Meal ordering and provisions

## Contact details

- **Finchingfield Post Office**
- 01371 810310
- **Email:** [finchcov19@yahoo.com](mailto:finchcov19@yahoo.com)

# Parish Councillors Details

## Finchingfield

Vacancy

Vacancy

Claire Collins 07951 972746

David Coverdale 07780 844859

Desmond Lawton 07955 24865

Vacancy

## Cornish Hall End

Sheila Considine 01371 238080

Hamish Debnam-Sharp 07950 903836

Daniel Matthews 07702 687376

To contact the Clerk email:

[clerk@finchingfield-pc.gov.uk](mailto:clerk@finchingfield-pc.gov.uk)

**STAY AT HOME** 

**PROTECT  
THE NHS**



**save  
lives**

- Only go outside for food, health reasons or work (where this absolutely cannot be done from home)
- Stay 2 metres (6ft) away from other people
- Wash your hands as soon as you get home

